

NORTH DAKOTA CLASS "B" REGION VI BOYS MEET RECORDS

<u>EVENT</u>	<u>HOLDER</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
100 METER DASH.....	Casey Meadows	Des Lacs-Burlington/Berthold.....	10.5	2004
200 METER DASH.....	Justin Schiele	Rugby.....	21.7	1999
400 METER DASH.....	Blake Bowers	Kenmare/Mohall/Sherwood	47.8	2006
800 METER RUN	Blake Bowers	Mohall/Sherwood	2:00.9.....	2004
1600 METER RUN	John Elkins.....	Riverdale	4:31.2.....	1988
3200 METER RUN	John Elkins.....	Riverdale	9:59.0.....	1989
110 METER HURDLES	Dave Limke.....	Minot Ryan	14.6	1998
	Eric Kuntz	Rugby		2010
300 METER HURDLES	Cody Gronvold.....	Rugby.....	38.8	2006
SHOT PUT	Seth Wisthoff.....	Glenburn	55'7"	2008
DISCUS	Wakely Pister	Velva/Drake/Anamoose.....	158'3"	2010
JAVELIN (Rubber Tipped-New Rules)	Reed Duchscher	Rugby.....	172'4"	2008
HIGH JUMP	Len Brabrandt	Underwood	6'6"	1993
LONG JUMP.....	Aaron Teigen	Rugby.....	22'6½"	2010
TRIPLE JUMP.....	Jason Freuh	Rugby.....	45'6¾"	1998
POLE VAULT.....	Tom Heilman	Rugby.....	15'0"	1998
4x 100 METER RELAY	Dockter.....	Minot Ryan	44.0	1998
	Limke			
	Bryans			
	Essler			
4 x 200 METER RELAY	Wittmeyer	Minot Ryan	1:31.2.....	1998
	Bryans			
	Essler			
	Dockter			
4 x 400 METER RELAY	Koenig.....	Underwood	3:31.3.....	1987
	Wiesenburger			
	Karlson			
	Auck			
4 x 800 METER RELAY	Rodin.....	Kenmare.....	8:28.8.....	1988
	Neygaard			
	Alba			
	Fartch			